

# HOW IT WORKS

A time bank works on the premise that everyone has a skill to share. A time bank serves its community by allowing members to share skills with one another, which promotes community and increases productivity. As a member, you earn one time bank hour by doing a service for someone else. The hour you earn is stored in the time bank until you spend it on an hour of another person's service.

**A time bank allows for members to buy and sell skills using their own time as currency.**

## SOME BASIC TENETS

You should be active in the time bank in order to stay involved. You should be committed to sharing with your community. You should honor each person's time and skills. You should accept help as it is given.

For more information, go to  
**A2TIMEBANK.ORG**

# ANN ARBOR TIME BANK

**Building community & dignity  
through skills sharing**

Information about  
building a time bank  
in Ann Arbor

For more information, go to  
**A2TIMEBANK.ORG**

Contact the A2TB coordinator:

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A2TimeBank is under the guidance of



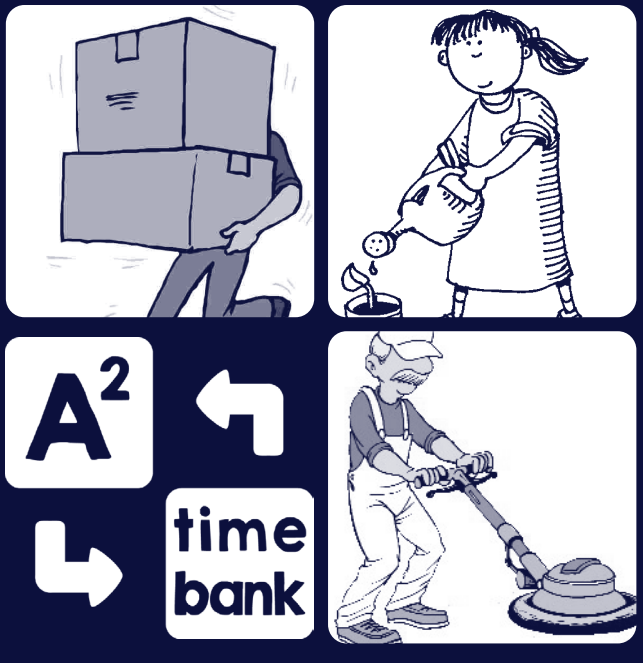
**a2timebank.org**

## WHY START A TIME BANK?

A time bank strives to match your skills and talents with needs in the community.

Through the a2timebank, we hope to:

- promote equality and social justice
- affirm one another's contributions
- build a strong sense of community
- support and care for one another
- get to know our neighbors
- increase productivity



# SKILLS

- |                             |                        |
|-----------------------------|------------------------|
| Auto/bicycle repair         | Legal                  |
| Childcare                   | Marketing              |
| Clean-up/recycling          | Massage therapy        |
| Community service           | Medical services       |
| Computer support            | Painting               |
| Cooking                     | Personal finance       |
| Counseling/coaching         | Pet care               |
| Crafts/arts                 | Photo/video            |
| Design (graphics, interior) | Research               |
| Diet/nutrition              | Respite care           |
| Document prep               | Special projects       |
| Editing/design              | Theater/film           |
| Education/tutoring          | Transportation         |
| Entertainment               | Work for social change |
| Errands                     | Yoga/meditation        |
| Fitness/exercise            |                        |
| Fundraising                 |                        |
| Gardening/yard work         | DON'T SEE YOUR         |
| Hair/beauty                 | TALENTS LISTED?        |
| Housekeeping/chores         | ADD YOUR SKILLS AT     |
| Languages/translation       | <b>A2TIMEBANK.ORG</b>  |

## CORE VALUES

### ASSETS

honoring every person and the skills they contribute

### RECIPROCITY

serving others and allowing others to serve us

### RESPECT

listening to and being accountable to one another

### STRONG COMMUNITY

building a stronger community through support, trust, & networking

### REDEFINING WORK

honoring and rewarding all types of work

